

# Demura-Ha Shito-Ryu Karate-Do Genbu-Kai

## New York Seminar Weekend 2026

Hello Genbu-Kai and Rengo-Kai Members, Families, and Friends,

We're excited to invite you to join us for the **Genbu-Kai New York Seminar Weekend**, happening **March 27–29, 2026**, in Norwich, Morris and Oneonta New York.

This weekend is being co-hosted by **Genbu-Kai Norwich, Oneonta Genbu-Kai Dojo, and Oneonta Karate Dojo**, and we're looking forward to welcoming karateka, families, and friends from near and far. We'll also be joined by **President/Senior Advisor, Kokusai Batto-Do Rengo Kai and Senior Advisor Demura-Ha Shito-Ryu Karate-Do Genbu-Kai, Sensei David Jones** as well as guest instructors traveling from several states across the United States, making this a great opportunity to train with and learn from a variety of instructors.

Training will take place on Friday, Saturday, and Sunday and will include seminars in Karate, Kumite, Kobudo, and Batto. Sessions will be offered for beginner, intermediate, advanced, and Black Belt level students.

On Saturday evening, we'll come together for an Awards Dinner, giving us a chance to celebrate accomplishments, recognize hard work, and enjoy good food and time together with our extended martial arts family.

We hope you'll join us for a weekend filled with great training, learning, and community. Attached you'll find additional details about the weekend, including the full seminar schedule, registration information, and accommodation options. Please review the attached materials and be sure to return your registration by **March 20th**.

We can't wait to see you in New York!

Warm regards,

Cindy Maricle  
Genbu-Kai Norwich  
607-441-6040

Brooke Chilson  
Oneonta Genbu-Kai Dojo  
607-434-2160

Efren Rivera  
Oneonta Karate Dojo  
607-432-0746



# Genbu-Kai New York Seminar Weekend 2026 Payment Options

Forms will be accepted by Brooke Chilson or Cindy Maricle  
Acceptable forms of payment are Cash, Check or Venmo  
There will be no refunds given for seminar fees

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## Payments sent to Brooke

Checks made payable to Harmony Martial Arts & Fitness LLC

Mail registration and payment to: Brooke Chilson, 5 Franklin St, Oneonta NY 13820

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## Payments sent to Cindy

Checks made payable to "Maricle Martial Arts LLC"  
or  
Venmo



Mail payment and registration to: Cindy Maricle, 250 Holmesville Hill Rd, Norwich NY 13815  
Email registration to: [genbukainorwich@gmail.com](mailto:genbukainorwich@gmail.com)

# Genbu-Kai New York Seminar Weekend 2026

## Seminar Venue Locations and Directions

### Genbu-Kai Norwich Dojo

13 South Broad St, Norwich NY 13815

Parking and rear entrance @ 10 East Main St, Norwich NY 13815

The Dojo is on the third floor and is not handicap accessible. If arriving after 5 pm the front entrance may be locked automatically, please use the rear entrance after 5pm.

Entering the front entrance on Broad street, it is a straight shot up 2 flights of stairs. Dojo is to the left.

Entering the rear entrance at 10 east main, follow signs through the building up to the third floor, Dojo is on the left.

Changing rooms available on the third floor, rest rooms available on the second floor.

#### Directions from Oneonta to Genbu-Kai Norwich Dojo

Head south on I-88 towards Binghamton

Take exit 13

Turn right on NY 205 (2 mi)

Turn left on NY 23 (10 mi)

Turn left to stay on US 23 (.5 mi)

Turn right to stay on US 23 (16 mi)

Turn left on NY 990L/East River Rd (.5 mi)

Turn right on Ny 990I/East Main St (.9 mi)

Turn left into Parking lot

### The Grove of Butternut Valley

193 County Hwy 49, Morris NY

Parking at the venue may be limited if there is snow on the ground. Alternative parking TBD.

All Seminars and Awards dinner will be held in the Banquet Hall (the second building)

#### Directions From Oneonta to The Grove

Head south on I-88 towards Binghamton

Take exit 13

Turn left on NY 23/NY51 (.5 mi)

Turn right on NY 23 (11 mi)

Turn right on NY 205 (2 mi)

Turn left on NY 23 (9.7 mi)

Turn right on County Hwy 49 (.5 mi)

Turn left into Parking lot

#### Directions from Norwich to The Grove

Head East on NY 23 towards Morris (15 mi)

Turn left on NY 23/NY51 (.5 mi)

Continue straight on NY 51 (1.1 mi)

Turn right onto County Hwy 49 (.4 mi)

Turn right into Parking Lot

### Oneonta Genbu-Kai Dojo

5006 St Hwy 23 (Southside Mall), Oneonta NY 13820

Dojo is located inside the Mall near TJ Max and the Movie Theatre.

#### Directions from Norwich to Oneonta Genbu-Kai Dojo

Head East on NY 23 towards Morris (15 mi)

Turn Left on NY 23/NY51 (.5 mi)

Turn right on NY 23 (11 mi)

Turn right on NY 205 (2 mi)

Turn left on I-88 (2.5 mi)

Take exit 15

Turn right on NY 23/NY 28 (.2 mi)

Use middle lane to turn left on NY 28 (.1 mi)

Turn right into Mall Parking Lot

Park near TJ Max/ Movie Theatre

# Genbu-Kai New York Seminar Weekend 2026 Lunch and Dinner Venues

## Norwich Buffett

6142 NY-12, Norwich NY 13815  
Friday night @ 7:30pm

Chinese, Japanese and American Dishes

**Please respond with numbers that plan to attend asap**

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## The Grove of Butternut Valley

193 County Hwy 49, Morris NY  
Saturday night @ 6:30pm

### Menu

Catered by Matthew Cruger

#### Dinner

BBQ Chicken Thighs\*  
London Broil\*  
Baked Ziti with Sausage  
Glazed Carrots\*  
Garlic Butter Green Beans\*  
Tossed Salad\*  
Bread Rolls

#### Deserts

Cupcakes\*  
Assorted Cookies\*  
Chocolate Fondue Station

#### Beverages

Cold - Lemonade, Soda, Bottled Water  
Hot - Tea, Coffee

\*will be prepared Gluten Free

Please feel free to reach out to Cindy Maricle with any allergy concerns.

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## Mt Fuji Japanese Restaurant

5006 State Route 23 (Southside Mall) Oneonta NY 13820  
Sunday @ 1:00pm

Japanese cuisine, Hibachi & Sushi

**Please respond with numbers going asap so that reservations can be made**

# Genbu-Kai New York Seminar Weekend 2026 Hotel Suggestions

## **Courtyard by Marriott Oneonta / Cooperstown**

116 Courtyard Drive, Oneonta, NY 13820  
607.432.2200

<https://www.marriott.com/en-us/hotels/bgmon-courtyard-oneonta-cooperstown-area/overview/>

## **Holiday Inn Express Oneonta by IHG**

141 Courtyard Drive, Oneonta, NY 13820  
1.888.465.4329  
Free breakfast included

<https://www.ihg.com/holidayinnexpress/hotels/us/en/oneonta/onhrt/hoteldetail>

These are hotels that are very close and on the same side of the road as the Southside Mall.

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## **Super 8 by Wyndham Oneonta / Cooperstown**

4973 State Route 23, Oneonta, NY 13820  
607.353.6875  
Free coffee and breakfast item.

<https://www.wyndhamhotels.com/super-8/oneonta-new-york/super-8-oneonta-cooperstown/overview>

This hotel is also very close but on the opposite side of the road from the Southside Mall.

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## **Hampton Inn Oneonta**

225 River Street, Oneonta, NY 13820  
607.433.9000  
Free breakfast included

<https://www.hilton.com/en/hotels/onhnjhx-hampton-oneonta/>

This hotel is about 10 minutes from the Southside Mall.

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(Feel free to search for other hotels to suit your needs and budget.)

Walmart, grocery stores, Starbucks, Buffalo Wild Wings, Wendy's and McDonalds are also in the vicinity.